

# FREE COLLEGE *class day* March 27, 2010

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FULL COURSE DESCRIPTIONS – Andover Campus

9:00 AM – 10:00 AM

## ***BUSINESS CLASSES***

**Steps to Starting a Business 101 Part 1\*** - Want to start a business but don't know where to start? In part one of this two-part class you will learn why you need a business plan, the proper format, & the important key factors in writing a successful plan. In part two of this class you will learn how to write a business plan, the proper format for your financial projections & have the opportunity to ask questions about starting a small business from someone who has done it. Presented by Kyle Gerstner, Green Zebra Concierge

**Affordable Employee Benefit Plans for Small Business** - Tax credits are available to employers implementing new benefit plans! Learn about new retirement plans that are available to self employed individuals that allow for a tax deduction 10 times greater than the annual IRA deduction with no income restrictions. Find out what plans are available, how the tax credits work, & how to design the plans around your needs. Presented by Mike Converse, Keating & Associates

**Marketing to Your Brain** - Learn why multisensory branding works. Find out about the latest in brain research & discover what makes your messages, logos & taglines memorable. Session will also cover rational & irrational behavior & explain how to capitalize on innate tendencies. Presented by Allen Clouse, Image Resources

## ***COLLEGE/CAREER CLASSES***

**Careers in Criminal Justice** - This class will provide an overview of the various careers options available in the criminal justice professions, including law enforcement, courts, institutional corrections, probation & parole, etc. Those attending this class will learn about topics such as academic requirements, lifestyle considerations, application processes, training requirements, & career opportunities within the criminal justice professions. Presented by Miles Erpelding & Jeff Tymony, Butler Community College

**CATIA Design for Beginners** - Short introduction to the world of CATIA Design. Presented by Buford Pringle, Butler Community College

**Developing a Winning Resume Part 1\*** - Are you in the market for a new job? Learn the benefits & features of various resume types & qualities of a good resume. Presented by Loretta Patterson, Butler Career Services

## ***GENERAL CLASSES***

**Cartooning: Styles & Producing Images** – Learn from a nationally known illustrator about cartooning styles from Anime to Zen & the procedures for producing images for print & web. Presented by Mike Kline, Illustrator

**Fun with Leadership in the Classroom or Office** – Presented by Grizzly Adventures

**Learning to Live Healthy** - Take small steps toward your wellness by learning the basics of healthier eating, increased physical activity, stress management & social wellness. Presented by James Jost, YMCA

**Intro to Digital Photography** - This class will give the amateur photographer the tools they need to shoot better, more interesting pictures. Picture composition, use of camera features & camera purchasing tips are among the issues discussed. If time allows we will discuss individual camera concerns. Presented by Steve Cless, Butler BCTV

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**Intro to Juggling: Gravity Takes a Holiday Part 1\*** - Learn the basics of 3-ball juggling. People who have never juggled before will learn the 3-ball cascade. People with previous juggling experience will get tips to make their juggling smoother & easier & will be exposed to new tricks & patterns. The instructor will have some toys to lend for the class, but feel free to bring your own objects to fling skyward - bean bags are probably best (they don't bounce or roll far). Tennis balls, lacrosse balls, golf balls, & other small items will work too. Avoid fruit, eggs, & similar messy objects - don't play with your food until you've eaten all your other toys!  
Presented by Alan Blakely, KUMC

**Knitting for Beginners** - Knitting is all the rage, so if you're 12 or older come learn how to get started with basic stitches, casting on & knit pearl. Presented by Tami Strouth, Butler Community College

**Napkins: Folds, Finishes & Flourishes Part 1\*** - Stylishly-folded napkins bring elegance to the table, no matter what the occasion. Learn creative ways to fold napkins & get ideas on giving napkins extra flair using napkin rings made of various materials. Table settings ideas will also be presented. Presented by Karen Wright, Butler Community College

**Owning a Bed & Breakfast...It's a Job & an Adventure** - Have you thought about owning a bed & breakfast? Get an introduction to inn keeping from a former bed & breakfast owner. Favorite recipes included! Presented by Maggie Smith, Butler Community College

**PowerPoint Tips & Tricks** - Join us for an information-packed hour learning tips & tricks in PowerPoint. Spice up your presentations by learning to use templates, photo album features, graphics, animations & other useful tools that will help you get the most out of your slideshows. Presented by Dawn Monroe, Butler Business Performance Group

**Step Aerobics** - Come & participate in step aerobics & learn how to get your body going! Presented by Lorna Jester-Pickney, Butler Community College

**Teaching Your Kids Proper Oral Health Techniques** - Children can't properly brush their teeth until they can write in cursive. Learn the importance of oral health for children and how to teach your children proper oral health techniques. The course will cover the eruption of teeth, developmental issues, issues with thumb sucking, & will answer any questions from parents. We will have toothbrushes, coloring books & crayons for the children in attendance. Presented by Jon Tilton, Delta Dental

**Things to Know About Your 2009 Tax Return** - This class will cover multiple aspects of the 1040 tax return & taxes in general. Come get your questions answered so you can file on time! Presented by Michael Rose, Butler Community College

### **KIDS CLASSES**

**A Good Book & Great Dog: K- 5<sup>th</sup> Grade** - Kids pull up a seat & listen to the great stories about dogs! Meet a therapy dog named Pote & see his really neat tricks! Presented by Dean & Mary Lou Kitzenberger

**Here Comes the Easter Bunny: K- 2<sup>nd</sup> Grade** - In this fun class kids will craft an Easter Bunny & fill it with fun candies! Presented by Shayne Osborne, Butler Business Performance Group

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10:15 AM - 11:15 AM

## **BUSINESS CLASSES**

**Achieving Success at Trade Shows** – Learn the importance of planning the ideal booth size & placement, how to incorporate Feng Shui principles into your exhibit, human nature & how it relates to your display, pre-show & post-show marketing tips, graphics & placement. Find out what works & what doesn't & how to establish benchmarks for measuring the results. Presented by Allen Clouse, Image Resources

**Introduction to Business Networking** – Whether promoting your business or job hunting it's important to develop business contacts. Get tips for business networking including do's & don'ts. Presented by Bert Jones & Crystal Hervey, Sunflower Bank

**Manage Your Brand: Understanding Social Media & Personal Branding** - Making the most of your online persona is critical if you're looking for that first or next job. This class will help you understand how to leverage the time you spend on sites like Facebook & Twitter to enhance & promote your personal brand. Presented by Todd Ramsey, Greteman Group

**Steps to Starting a Business 101 Part 2\*** - Want to start a business but don't know where to start? In part two of this class you will learn how to write a business plan, the proper format for your financial projections & have the opportunity to ask questions about starting a small business from someone who has done it. Presented by Kyle Gerstner, Green Zebra Concierge

**Work Life Balance** - Achieving work-life balance is an on-going challenge for most people. Whether the problem is too much or too little focus on work or home, stress is likely to result affecting productivity, health, & personal satisfaction. This class provides participants with strategies for taking control of work-life balance in order to find time for the things that matter most. Presented by Beth Cunningham, Butler Business Performance Group

## **COLLEGE/CAREER CLASSES**

**Developing a Winning Resume Part 2\*** – Get hands-on practice in developing a resume that will stand out & help you to land the job you want. Presented by Loretta Patterson, Butler Career Services

**Making the Most Out of Your College Experience** - Learn about creating & evaluating your experiences inside & outside of the classroom. Discuss the importance of getting involved & receive an outline of opportunities at Butler that best fit your interest, talents, personality & professional goals. Leave this class with a bigger, better picture of what it means to "Get a Life" at Butler. Presented by Kara Johnson, Butler Student Life

**Preparing for an Interview** - You have an interview! Practical ideas & tips to help you prepare for an interview & make a good impression with your presentation. Presented by Pat Jones, Dress for Success

**Planning for College & 10 Tips for College Success** - Learn about the different types of colleges, costs, majors, activities, athletics, scholarships, financial aid & how to search for a college that's right for you! Also learn 10 tips that will help you to be successful in college. Presented by Butler Admission & Advising Staff

## **GENERAL CLASSES**

**Backyard Astronomy** - Join former Education Director of The Kansas Cosmosphere & Space Center, as he explains how to become a backyard astronomer. Topics will include astronomy on the web, how to use binoculars for sky viewing, & tips on purchasing a beginning telescope. Presented by Rob Kuhns, Butler Community College

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**Beware: Top Financial Mistakes** - This class will help you navigate around the financial pitfalls many fall into at various points in life. Come to learn & bring your financial questions! Presented by Mike Converse, Keating & Associates

**Common Cents: Cut Your Grocery Bill in Half** - By combining coupons with advertised specials & building a grocery stockpile, consumers can experience 50%-70% savings on their grocery bill. This class will also touch on second hand shopping for clothing, books & other household items. Organizations of coupons & relevant websites will be discussed. Presented by Debra Simpson, Butler Community College

**Intro to Digital Photography** - This class will give the amateur photographer the tools they need to shoot better, more interesting pictures. Picture composition, use of camera features & camera purchasing tips are among the issues discussed. If time allows we will discuss individual camera concerns. Presented by Steve Cless, Butler BCTV

**Intro to Juggling: Gravity Takes a Holiday Part 2\*** - Learn the basics of 3-ball juggling. People who have never juggled before will learn the 3-ball cascade. People with previous juggling experience will get tips to make their juggling smoother & easier & will be exposed to new tricks & patterns. The instructor will have some toys to lend for the class, but feel free to bring your own objects to fling skyward - bean bags are probably best (they don't bounce or roll far). Tennis balls, lacrosse balls, golf balls, & other small items will work too. Avoid fruit, eggs, & similar messy objects - don't play with your food until you've eaten all your other toys! Presented by Alan Blakely, KUMC

**Knitting for Beginners** - Knitting is all the rage, so if you're 12 or older come learn how to get started with basic stitches, casting on & knit pearl. Presented by Tami Strouth, Butler Community College

**Napkins: Folds, Finishes & Flourishes Part 2\*** - In this class discover how to use napkins as décor for special occasions & ways to give napkins as gifts. Presented by Karen Wright, Butler Community College

**Parents Raising Infants & Toddlers** - This class will discuss the challenges & rewards of parenting! Come gets some answers to your questions & concerns about being a parent & learn tips to help you through the first few years. Kids welcome to attend with parents. Presented by Courtney Leap, Butler Community College

**Pilates** - Come try a workout in Pilates which emphasizes all around fitness from building strength to increasing flexibility. Presented by Kristen Daniels, YMCA

**Playwriting Part 1\*** - Learn the basics of getting started writing a script for the stage. Presented by Misty Maynard, Kechi Playhouse

**Principles of Economics** - This class will introduce you to the study of economics & teach you how to apply economic concepts to personal, social & work related decision making & problem solving. Learn how economics helps you to understanding the actions & choices of other people. Presented by Noreen Templin, Butler Community College

**Running for Beginners** - Thinking about taking up running to improve your health? Learn proper techniques that will allow you to hit the ground running safely. The use of blocks will also be reviewed. Presented by Connor Phillips, Butler Community College

**Severe Weather Safety & Preparedness** - Learn what makes up severe thunderstorms & tornadoes, what to report, & how to keep you & your family safe from flooding, lightning, hail & tornadoes. You will learn the importance of DUCK! Presented by Jim Schmidt, Butler Emergency Management

**Sunlight Children's Advocacy Center: Helping Abused Children** - Learn about how Sunlight Children's Advocacy & Rights Foundation (SCARF) works with victims of child abuse. Presented by Suzi Thien, SCARF

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**The Business Side of Cartooning** – Learn about topics such as “How to talk your spouse into keeping your books, “and it’s okay for a cartoonist to answer the door in his or her underwear” from a nationally known illustrator. Presented by Mike Kline, Illustrator

## ***KIDS CLASSES***

**Fairy Tale Tell: 3<sup>rd</sup>-5<sup>th</sup> Grade** – Discover how fairy tales differ in other parts of the world then engage in a classic fairy tale & write your own short version. Presented by Jessica Boyer, Emporia State

**Lego Fun: K-5<sup>th</sup> Grade** - Do you like to play with Legos? Come check out our selection of legos & use your creativity to build anything you can imagine. Presented by Butler Community College Staff

## **11:30 AM - 12:30 PM**

## ***BUSINESS CLASSES***

**Being Smart When Buying Advertising** - This class will review advantages & disadvantages of mediums for advertising including TV, radio, print, outdoor & internet advertising & discuss cost per thousand for each. Presented by Susan Bowers, Media Partners Inc.

**Practical Marketing Research for Small Business** - Participants will learn how to use affordable yet effective market research techniques. They will learn guidelines for writing good surveys & how to best deploy them. We will talk about ways to optimize return rate of both consumer & B-2-B surveys. Other techniques for obtaining customer feedback will also be discussed. Presented by Fritz Robinson, surveydepartment.com

**Saving Chuck: The Power of Social Media for Brands** - Chuck, a spy-comedy on NBC, was pulled from the airwaves following its season finale last year. A groundswell of the show’s fans took action, tweeting, blogging & proclaiming their love for the cancelled show. Several weeks later, NBC announced that the show was coming back. This class will explore how your company’s brand can create its own groundswell of fans through new media tools. Presented by Todd Ramsey, Greteman Group

**Tax Planning & Strategies for Small Business Part \*1** - This class will provide the basics of income taxation for the small business. It will include entity, selection, accounting methods, year-end selections, payroll & self employment tax, employee benefits, retirement plans, depreciation elections, vehicle expense & meals & entertainment deductions. Presented by Tom Prichard, Butler Alumn

**Website Traffic Power-Hour 101** - So you bought a web domain, built a website & now it's time to open the web-surfer floodgate. In the age of an increasingly crowded & segmented virtual world, growing your visitor base continues to be more of a challenge for website owners of all kinds. Fortunately, there are also a growing number of powerful tools that can help you direct users to your site, gauge your traffic, & analyze your visitor's behavior. In this power-hour, you'll get an overview of the range of free web tools available to you & how to use them to grow. Presented by Jared Brickman, ROK ICT!

**What They Don't Tell you About Starting a Small Business** - canceled

## ***COLLEGE/CAREER CLASSES***

**Apply Yourself** - This class will provide you with 10 simple ways to get a job, including how to fill out a job application without errors, how to dress & make a good impression during a job interview. We will also cover what to expect on the first day at work & how to manage a paycheck & get ahead at work! Presented by Loretta Patterson, Butler Career Services

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**Planning for College & 10 Tips for College Success** - Learn about the different types of colleges, costs, majors, activities, athletics, scholarships, financial aid & how to search for a college that's right for you! Also learn 10 tips that will help you to be successful in college. Presented by Butler Admission & Advising Staff

**Making the Most Out of Your College Experience** - Learn about creating & evaluating your experiences inside & outside of the classroom. Discuss the importance of getting involved & receive an outline of opportunities at Butler that best fit your interest, talents, personality & professional goals. Leave this class with a bigger, better picture of what it means to "Get a Life" at Butler. Presented by Kara Johnson, Butler Student Life

### **GENERAL CLASSES**

**A Leader: Anyone Willing to Help** - Are you willing to help? Then you are a leader according to author Meg Wheatley. Attend this session to gain practical tips that will enable you to hone your leadership skills. Additionally, engage with other participants to identify leadership traits that are most important to those wishing or needing to be led, including family, friends, co-workers or community groups. Presented by Dr. Jackie Vietti, Butler Community College

**Be Waist & Wallet Wise** - Healthy eating can save you money & help you use your calories in the best & healthiest way! You don't have to radically change your habits or deny yourself some of your favorites to trim calories & save dollars. We'll identify useful, practical steps that are waist & wallet wise while avoiding food waste. Health & wealth are both important resources in life & both can be achieved through small, simple & intentional changes. Presented by Barbara Roths, Butler County K-State Extension

**Choosing the Right Pet** - A general course on selecting the right pet for you & your family as well as the pros & cons of adopting a pet vs. buying from a breeder. The session will also cover general care of pets from dogs & cats to ferrets & more. Presented by Garth Ashpaugh, Butler Community College

**Crochet 101** - A basic class for beginners. Learn to make a base chain, crochet in rows with single, double etc., stitches. Crochet in the round with stitches & learn to read simple charts & instructions. Presented by Jeanne L. de Grasse, Butler Community College

**Diagnosing Community Issues** - As community volunteers, organizations & businesses, we all have to identify issues & understand what type of issues we are tackling. This class will help you identify if an issue is "technical" or "adaptive" & provide some tools for dealing with each. Presented by Becky Wolfe, Leadership Butler

**Geocaching 101** - Geocaching is part of a worldwide outdoor game for GPS users. Learn how to use a hand-held GPS receiver, & then go on an adventure to find hidden "geocaches". If you own a GPS receiver, bring it (preferred, but not required). All ages welcome, as long as you can at least "hike" across a parking lot & walk in grass. Presented by Ernie Cantu, KSLS

**Play Well With Others: Practical Parliamentary Procedure** - This class is designed for non-profit & community groups. Learn basic parliamentary procedure from a former professional. Covers Robert's Rules (RONR); bring your questions about meetings, by-laws, voting, etc. Presented by Dr. Keith West, Butler Community College

**Playwriting Part 2\*** - Continued from part 1; learn the basics of how to get started writing a script for the stage. Presented by Misty Maynard, Kechi Playhouse

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**Spring Plant Exchange** - This session will allow you to bring favorite indoor & outdoor plants from home to share with others in attendance. The weekend prior to the class, you should dig up spring emerging plants that you would like to share & bring them in small containers to share. If possible, bring planting directions & label the plants & be able to tell the group how to care for them. You will take a turn & select a plant to take home from the plants brought by other gardeners. Presented by Jim Edwards, Butler Community College

**Sweat the Small Stuff** - It doesn't matter if you're planning an intimate dinner for two or a White House State Dinner, when you sweat the small stuff, your event will make a great impression. Kris has produced major corporate events, galas, premieres for major motion pictures & more than her fair share of dinner parties. Join her for an insider's perspective of the little things you can do to make your next event extra special. Presented by Kris Schindler, Start Thinking

**The History of Tea** - In this class we will discuss how tea first originated, some of the folk lore surrounding tea & how history in part has been shaped by the tea industry. Discussion from the trade routes through China, the Opium Wars, the Cutty sailing ship races, the American Revolution, & the customs of tea development during the Victorian & Industrial periods leading into today. Presented by Leslie Sundberg

**Time Management** - Wasted time has repercussions in many areas - loss of productivity, lack of control, & increased stress levels especially in these challenging economic times when businesses & individuals are faced with doing more with less. Become aware of the time wasters eating up your day, assess your own current time management skills, & learn how to beat a favorite form of self-sabotage....procrastination. Presented by Dawn Monroe, Butler Business Performance Group

**Weight Loss & Portion Distortion** - Successful weight loss is all about setting realistic goals & making lifestyle changes to maintain a healthy weight. Portion sizing is one tool to achieve this goal. Too often we do not realize what a true portion or serving size equals. The class may help in making better choices for your long term goals. Presented by Sheryll Clarke, Wichita Clinic

**Women Managing Money** - Is it time to make your money work for you instead of just working for your money? Do you want to figure out a better way to start saving for an education, a house or emergencies? Come & join us as we look for financial freedom through money management techniques, retirement planning options & investing basics. Presented by Jayme Grange, Spencer-Wernli

## **KIDS CLASSES**

**Crafts, Crafts, Crafts: K- 5<sup>th</sup> Grade** - If you love creating craft projects you'll love this class. Using beads, buttons & other items to create projects to take home! Presented by Butler Community College Staff

**Creative Cupcakes: K- 5<sup>th</sup> Grade** - Come learn ways to create animals & other fun things out of cupcakes & other food items. Presented by Butler Community College Staff

## **1:00 PM - 2:00 PM**

## **BUSINESS CLASSES**

**Building an Effective Website is More Than Writing Code** - From the web amateur using iWeb to the wizards of AJAX/JQUERY, nobody can build an effective website without a plan. In this course, we'll talk about identifying a need, presenting information to users in an effective way, & the tools that will help you build the perfect website. It's a power-hour of start to finish web development & design, for "designers" of all skill levels. Presented by Jared Brickman, ROK ICT!

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**Exploring Google Wave** - Wave is Google's new model for communication & collaboration on the web. Part conversation & part document, any invited participant to a wave can reply, edit content, & it all happens live, in real time. Will Goggle Wave replace email? Come to this interactive class & decide for yourself. You'll learn what Wave is, how it works, & how you can best use it to communicate & collaborate with others. Participants with Wave accounts may join the live demonstration. Presented by Becky Lingafelter, Butler Business Performance Group

**Tax Planning & Strategies for Small Business Part 2\*** - This class will provide the basics of income taxation for the small business. It will include entity, selection, accounting methods, year-end selections, payroll & self employment tax, employee benefits, retirement plans, depreciation elections, vehicle expense & meals & entertainment deductions. Presented by Tom Prichard, Butler Alumn

## COLLEGE/CAREER CLASSES

**Butler Adult Education: More than a GED Center Part 1\*** - According to the *National Commission on Adult Literacy Report*, "One out of three of our children is not graduating from high school, the competitiveness of our workforce at all levels has significantly declined, threatening our standard of living & way of life." I hope to dispel many of the GED® myths. An interactive session that teaches how the Adult Education program addresses this national need as it does more than prepare students for the GED® tests. Learn how we publicly recognize our learners for their stellar performance & induction into the *National Adult Education Honor Society*. Become an Adult Education expert as you learn how students in adult education can advance from low-level literacy skills to GED completion, *Kansas WorkReady!* certification & transition with skills & abilities needed to qualify for college level classes through ASSET testing. As recipients of a KAN-Go Grant, we are able to prepare learners in two critical job areas. We are working with the Butler Community College's CTE Dean to offer a welding program so learners can earn one to three AWS certificates. The second program is for an Acute Care Nurse Assistant who earns a CNA certificate & Butler completion certificate for hospital care. Both programs fit in the high-demand/high-wage career areas. Presented by Bev Davis, Butler Adult Ed

## GENERAL CLASSES

**Beginning Belly Basics Part 1\*** - Belly Dance is one of the world's oldest forms of dance that is still studied today. The theories of its creation span from entertainment to medical purposes. Many study it for the exercise benefits of toning down & losing weight, others for self discovery & a cultural experience. In this two-part class, students will experience a taste of the Middle East as they learn basic steps & techniques that will be combined into a classic cabaret choreography piece. Comfortable work out clothing is recommended! Presented by Jade Camui, Amira's Dance Productions

**Clearing the Air: Climate Change, Sustainability & a Green Planet** - There has been much media & print coverage about climate change & sustainability but most of this coverage isn't presented in a coherent, organized manner. This presentation will attempt to provide a coherent, organized overview & summary of the major issues involved in both climate change & sustainability. This class will also cover the concept of a 'Green Planet' & its relationship with both climate change & sustainability. Presented by Eddie Tejada, Butler Community College

**Creative Writing** - This class will discuss the motivation to creatively write, emotion in writing, the three dimensional story, your audience, & the steps after your story is finished. Presented by Lisa Elam, Butler Community College

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**Crochet 101** - A basic class for beginners. Learn to make a base chain, crochet in rows with single, double etc., stitches. Crochet in the round with stitches & learn to read simple charts & instructions. Presented by Jeanne L. de Grasse, Butler Community College

**Diets: Why They Don't Work** - Uncover the truth behind common fad diets & why they often fail. Gain priceless knowledge on how to become successful in your weight loss journey. Presented by Joe Pence, YMCA

**Fishing for Bass with Artificial Lures** - You don't *have* to fish lying in the shade while a worm drowns on the end of your line. Fishing with artificial lures for largemouth bass takes boredom out of the mix & pits you against the fish. Can you fool the fish by making it attack your lure? Find out how. This class will cover lures, knots, & techniques of bass fishing with artificial lures as well as where to locate the fish. Presented by Jim Guenther, Butler Community College

**Gentle Yoga** - This class is a light yoga class excellent for releasing tension & relieving stress. The class introduces yoga breathing techniques & introductory yoga poses. The class is designed with gentle stretches to help open the body while calming the mind. Bring a yoga mat, if you have one & wear loose fitting clothing. Presented by Beth Banks, Butler Community College

**Geocaching 101** - Geocaching is part of a worldwide outdoor game for GPS users. Learn how to use a hand-held GPS receiver, & then go on an adventure to find hidden "geocaches". If you own a GPS receiver, bring it (preferred, but not required). All ages welcome, as long as you can at least "hike" across a parking lot & walk in grass. Presented by Ernie Cantu, KSLs

**Income Tax Answers** - Have questions about your tax return? Are you confused by all the recent changes in the tax laws? Want to learn to do it yourself? Then this class is for you! Review a basic online tax return & have some time for questions & answers! Presented by Denise Loper, Butler Community College

**Intro to Leadership** - This class introduces the concepts of leadership. You will learn the various theories that are available. Examples of organizations will be provided! Become a better leader in any setting. Presented by Elizabeth Mattke

**Roth Conversion 2010 & Beyond** - Tax-free Income? That's what a Roth IRA could give you! 2010 tax law changes now allow anyone to do an IRA to Roth IRA conversion, which can be a wonderful boom to your retirement & legacy planning. Is it right for you? Presented by Mike Converse, Keating & Associates

**Tea Please! Health Benefits of Tea** - Learn about the different health benefits of tea. Green tea, black tea, & Oolong tea will be explored as well as the health benefits that are common & unique to those teas. Presented by Leslie Sundberg

**"The Bug Lady" - Educating Children Through Animals & Insects Part 1\*** - Come & share an amazing time with "The Bug Lady." She has animals ranging from "Charlotte" the tarantula to "Tucker" the Amazon Parrot. The Bug Lady shares the benefits of having animals & insects in your program. She will also discuss lesson plans & curriculum that can be taught throughout the year regarding the science of animals, insects, & nature. Come & watch feeding demos with different kinds of lizards. Learn about habitats, diets, & the easiest & least expensive ways to maintain animals in your classroom. Many animals & insects can be handled. It's a fun time for all- especially for the animals...they love the attention! Presented by Carrie Tiemeyer, "The Bug Lady"

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## **KIDS CLASSES**

**Beads, Beads, Beads: K-5<sup>th</sup> Grade** - Create necklaces & bracelets from beads! Presented by Butler Community College Staff

**Paper Airplane Flight School: 3<sup>rd</sup> - 5<sup>th</sup> Grade** - Explore some "proven" paper airplane designs, then combine your favorite design with personal creativity to create the ultimate flying machine! Presented by Butler Community College Staff

**2:15 PM - 3:15 PM**

## **BUSINESS CLASSES**

**Grant Writing for Beginners** - This class will cover basic grant writing elements such as grant terminology, 10 things your board needs to know about grants, including what your organization needs to get ready to write a grant, the difference between government, foundations & corporate giving, & an overview of how to find grants & read the instructions. Presented by Kansas Professional Grant Association

**Producing Events in Wichita** - From production values to attracting attendees, this is a crash course in how to produce & promote an event in Wichita or other cities, including web development & design for "designers" of all skill levels. Presented by Jared Brickman, ROK ICT!

**Putting Your Strengths to Work** - We've heard a lot about talents & strengths in the workplace. What is talent? What is a strength? In this insightful class you will participate in an in-depth look at business talent. Topics include: focusing on & exploring your strengths, linking strengths to performance & engaging your strengths at work. Discover how "Do what you do best & manage the rest" leads to higher achievement of performance outcomes, increased productivity, & greater personal satisfaction. Presented by Greg Gilbert, Butler Business Performance Group

## **COLLEGE/CAREER CLASSES**

**Butler Adult Education: More than a GED Center Part 2\*** - Continue on this journey to learn how you can reach your full potential with the Butler Adult Education Department. Presented by Bev Davis, Butler Adult Ed

**Dress for the Job You Want, Not the Job You Have** – Whether interviewing for a new job or advancing your career with your current employer your dress & appearance are important to your success. Get tips on how to dress for the job you want. Presented by Carrie Rengers, The Wichita Eagle

## **GENERAL CLASSES**

**Beginning Belly Basics Part 2\*** - Continue to study the Middle Eastern dance of belly dancing. Presented by Jade Camui, Amira's Dance Productions

**Creative Writing** – This class will discuss the motivation to creatively write, emotion in writing, the three dimensional story, your audience, & the steps after your story is finished. Presented by Lisa Elam, Butler Community College

**Fishing for Bass with Artificial Lures** - You don't *have* to fish lying in the shade while a worm drowns on the end of your line. Fishing with artificial lures for largemouth bass takes boredom out of the mix & pits you against the fish. Can you fool the fish by making it attack your lure? Find out how. This class will cover lures, knots, & techniques of bass fishing with artificial lures as well as where to locate the fish. Presented by Jim Guenther, Butler Community College

# FREE COLLEGE *class day* March 27, 2010

## + + + FULL COURSE DESCRIPTIONS – Andover Campus

**Geocaching 101** - Geocaching is part of a worldwide outdoor game for GPS users. Learn how to use a hand-held GPS receiver, & then go on an adventure to find hidden “geocaches”. If you own a GPS receiver, bring it (preferred, but not required). All ages welcome, as long as you can at least “hike” across a parking lot & walk in grass. Presented by Ernie Cantu, KSLS

**Ghosting 101** – Find out how to get started in hunting down ghosts, Presented by Rachel Maxey

**Improving Your Health** - Physical activity & exercise don’t need to be dreaded!! Discover the extra benefits of exercise & how to make it work for you. Presented by Joe Pence, YMCA

**“The Bug Lady” -Educating Children Through Animals & Insects Part 2\***- Come & share an amazing time with “The Bug Lady.” She has animals ranging from “Charlotte” the tarantula to “Tucker” the Amazon Parrot. The Bug Lady shares the benefits of having animals & insects in your program. She will also discuss lesson plans & curriculum that can be taught throughout the year regarding the science of animals, insects, & nature. Come & watch feeding demos with different kinds of lizards. Learn about habitats, diets, & the easiest & least expensive ways to maintain animals in your classroom. Many animals & insects can be handled. It’s a fun time for all- especially for the animals...they love the attention! Presented by Carrie Tiemeyer, “The Bug Lady”

**Tea Tasting** – Discuss different types of tea & delve into the varied processing methods of tea scenting & blending of tea. Discover what tea masters look for in quality teas, then sample several different teas & learn how to conduct a typical tea tasting. Presented by Leslie Sundberg

**The Journey to Publishing a Book** - In this class learn the usual methods of publishing a fiction book from a recently published author & receive resources to follow up with for publishing a book. Presented by Jennifer Sparlin, author of “The Sea at Mughain”

## **KIDS CLASSES**

**Cool Kids Cards: K-5<sup>th</sup> Grade** - Unleash your creativity as you make a card for Spring/Easter! Use stamps, rollers, brads, rhinestones, shimmers, rub-ons & die cuts! Presented by Butler Community College Staff

**Playdough Fun Time: K-2<sup>nd</sup> Grade** – Have fun creating anything you can imagine with playdough. Presented by Butler Community College Staff