

# FREE COLLEGE *class day* March 27, 2010

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FULL COURSE DESCRIPTIONS – El Dorado Campus

9:00 AM - 10:00 AM

## **BUSINESS CLASSES**

**A Leader: Anyone Willing to Help** - Are you willing to help? Then you are a leader according to author Meg Wheatley. Attend this session to gain practical tips that will enable you to hone your leadership skills. Additionally, engage with other participants to identify leadership traits that are most important to those wishing or needing to be led, including family, friends, co-workers or community groups. Presented by Dr. Jackie Vietti, Butler Community College

**Play Well With Others: Practical Parliamentary Procedure** - This class is designed for non-profit & community groups. Learn basic parliamentary procedure from a former professional. Covers Robert's Rules (RONR); bring your questions about meetings, by-laws, voting, etc. Presented by Dr. Keith West, Butler Community College

## **COLLEGE/CAREER CLASSES**

**Butler Adult Education: More than a GED Center Part 1\*** - According to the *National Commission on Adult Literacy Report*, "One out of three of our children is not graduating from high school, the competitiveness of our workforce at all levels has significantly declined, threatening our standard of living & way of life." I hope to dispel many of the GED® myths. An interactive session that teaches how the Adult Education program addresses this national need as it does more than prepare students for the GED® tests. Learn how we publicly recognize our learners for their stellar performance & induction into the *National Adult Education Honor Society*. Become an Adult Education expert as you learn how students in adult education can advance from low-level literacy skills to GED completion, *Kansas WorkReady!* certification & transition with skills & abilities needed to qualify for college level classes through ASSET testing. As recipients of a KAN-Go Grant, we are able to prepare learners in two critical job areas. We are working with the Butler Community College's CTE Dean to offer a welding program so learners can earn one to three AWS certificates. The second program is for an Acute Care Nurse Assistant who earns a CNA certificate & Butler completion certificate for hospital care. Both programs fit in the high-demand/high-wage career areas. Presented by Bev Davis, Butler Adult Ed

**Getting Familiar with Your Graphing Calculator** – So you purchased that expensive graphing calculator but you aren't quite sure what all those buttons do? Learn basic uses of the graphing calculator for home/school use, focus will be on using addition, subtraction, multiplication, division, roots, powers, graphing simple linear equations & it time allows basic applications available. Bring your TI-83 or 84 Plus calculator for practice time. Presented by Richard Jones, Butler Community College

## **GENERAL CLASSES**

**Basic Cake Decorating** - This course will review how to bake, trim & ice cakes smoothly. Learn how to ice cupcakes & decorate cakes with borders, writing, & flowers. Presented by Jenna Vice, Butler Community College

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**Bird Watching for Beginners Part 1\*** - Are you interested in identifying those birds that you often see but don't know what they are? This course will show you some steps for identifying birds. After learning these steps, we will go to El Dorado Lake area & apply them to some interesting birds. You will want to dress for being outdoors & if you have binoculars bring them. Some binoculars will be available as well as a spotting scope. Presented by Dr. William Langley, Butler Community College

**Buttons & Hems** - Learn how to sew on a button & put in a hem. This is a hands-on class. Presented by Mona Hinde, Butler Community College

**Diagnosing Community Issues** - As community volunteers, organizations & businesses, we all have to identify issues & understand what type of issues we are tackling. This class will help you identify if an issue is "technical" or "adaptive" & provide some tools for dealing with each. Presented by Becky Wolfe, Leadership Butler

**Easy Tips For Taking Great Pictures** - Want to take better pictures of your family & friends? Learn three easy tips for taking great pictures of family, friends & landscapes. Bring one sample of your best/favorite photograph to share in class. Presented by Edye Wright, Butler Community College

**Growing a Great Garden** - Learn how to grow several hundred dollars worth of vegetables & herbs in a very small & manageable space by planning & knowing which plants grow well in Kansas. If you start your plants from seed, you'll save even more & have greater choice of variety. Learn how to save a bundle! Presented by Teresa Cansell, Master Gardener

**How to Stay Young the First 100 Years** - Today's average lifespan is 77 years & growing. Scientists predict that by the year 2050 there will be over 800,000 Americans over the age of 100! So whether it's living to 77 or 100, we want to be able to live, work & play & have a good quality of life! Presented by Dr. Marcus Deaver, Art of Life Chiropractic

**Making the Best Frozen Crescent Rolls Ever Part 1\*** - Make your friends envious by learning the secrets to making the best frozen crescent rolls ever as well as tips & tricks for getting the dough to come out right every time. Presented by Susie Edwards, Butler Community College

**Pre-Columbian North American Indian Cultures** - A brief survey of North American Indian cultures in their pre-Columbian environments specifically west-coast, southwest & Mississippian. Presented by John Reed, Butler Community College

## **KIDS CLASSES**

**Origami for Kids: 2<sup>nd</sup> - 5<sup>th</sup> Grade** - Learn the art of Japanese paper folding. Have fun learning to fold paper airplanes, poppers, jumping frogs & more! Presented by Christy Rittle, Butler Community College

**Paper Airplane Flight School: 3rd - 5th Grade** - Explore some "proven" paper airplane designs, then combine your favorite design with personal creativity to create the ultimate flying machine! Presented by Ben Bunck, Butler Community College

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10:15 AM - 11:15 AM

## ***BUSINESS CLASSES***

**Starting Your Own Business: The Essentials Part 1\*** - This class will teach you the basics of starting a business: selecting a business, start-up vs. buying an existing business, writing a business plan, choosing a business legal structure, obtaining funding & securing resources. Presented by David Mace, Small Business Development Center

## ***COLLEGE/CAREER CLASSES***

**Butler Adult Education: More than a GED Center Part 2\*** - Continue on this journey to learn how you can reach your full potential with the Butler Adult Education Department. Presented by Bev Davis, Butler Adult Ed

**Create A Winning Resume** – Bring your work history for this class. Learn the basic elements of creating a resume to help you land your next job. Focus will be on a chronological type of resume, the most frequently used type of resume. Apply what you learn by using the last part of the class to develop your resume. Presented by Danya Burks, Butler Community College

**Planning for College & 10 Tips for College Success** - Learn about the different types of colleges, costs, majors, activities, athletics, scholarships, financial aid & how to search for a college that's right for you! Also learn 10 tips that will help you to be successful in college. Presented by Butler Admission & Advising Staff

## ***GENERAL CLASSES***

**Beginning Yoga** – New to yoga or thinking about taking up yoga? Become acquainted with the practice of yoga by learning the sequences of yoga poses. Presented by Jan Taylor, Butler Community College

**Bird Watching for Beginners Part 2\*** - After learning in the classroom, we will travel by van to El Dorado State Lake & identify interesting birds! Presented by Dr. William Langley, Butler Community College

**Cable Knitting Techniques** - Knitters who have never tried cables, as well as those who would like to learn new techniques, will get plenty of inspiration from this class. Students are invited to bring their own yarn, needles & cable needle for some hands-on time after the presentation of online how-to-videos, photos & pattern resources, & a display of cabled items. (This is NOT a how-to-knit class for beginners) Presented by Sharon Barnes, The Prairie Spinner

**Computer Basics for the Terrified Beginner Part 1\*** - Do you Google? Do you tweet? Do you shake your head in confusion? Join this class to learn the terminology & overview of computers, word processing & spreadsheets. This class is for anyone who has no or little experience using a personal computer but has the desire to learn. You will be gently introduced to the computer world with lots of visual aids & examples enabling you to gain a level of comfort & confidence with computers. Presented by Dianne Graves, Butler Alumna

**Create Your Own Reality...What's That About?** – “Creating your own reality” is the buzz all over the world but what is that all about anyway? Introduction to the philosophy & mechanics of creative positive living. Presented by Sheri Morgan, Butler Adult Ed

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**Five Ways to Poison Yourself Before Breakfast** - Day after day, week after week, people may be unaware they are being exposed to numerous poisonous chemicals found in common, everyday household & personal care products. By themselves there isn't much reason for concern, but when you combine them in your body, there is reason to worry! Presented by Dr. Marcus Deaver, Art of Life Chiropractic

**Intro to Rhythm Guitar** - Bring your guitar with all the strings & learn chord basics & simple strumming patterns. Learn everything you need to know to play along with half of the songs out there! Presented by Kris Howell, First Christian Church

**Making the Best Frozen Crescent Rolls Ever Part 2\*** – Make your friends envious by learning the secrets to making the best frozen crescent rolls ever as well as tips & tricks for getting the dough to come out right every time. Presented by Susie Edwards, Butler Community College

**Organic Gardening** – Growing a truly organic garden in Kansas can be challenging & test your patience to the limit. Learn about organic gardening, why it is so expensive to purchase “organically grown” food & whether it is truly worth it to grow your own organic garden. Learn from the mistakes & successes of this Master Gardener. Presented by Teresa Cansell, Master Gardener

**Pocket Video** – Want to know how to simply create a video to post to blogs & YouTube? Come learn about the flip camera & the software needed to shoot good video. Presented by Randy Ellis & Dan Boyd, Butler Community College

**Service in a Box: Making Bereavement Boxes for NICU Unit Part 1\*** - Meaningful service projects don't have to be difficult. Participate in a hands-on learning experience by making bereavement boxes for the Neonatal Intensive Care Unit at Wesley Medical Center. Learn how simple it can be to adapt & plan a service project for your own group around the “box” concept. Presented by Butler Grizzly Ambassadors

## **KIDS CLASSES**

**Here Comes the Easter Bunny: K - 2<sup>nd</sup> Grade** - In this fun class kids will craft an Easter Bunny & fill it with fun candies! Presented by Sue Choens, Butler Adult Ed

**Learn the Ropes: 3<sup>rd</sup> - 5<sup>th</sup> Grade** – Have fun learning how to tie all types of different knots. Presented by Kathy Rickard, Butler Foundation

## **11:30 AM - 12:30 PM**

### **BUSINESS CLASSES**

**Starting Your Own Business: The Essentials Part 2\*** - This class continues to teach you about the basics of starting a business: selecting a business, start-ups vs. buying an existing business, writing a business plan, choosing a business legal structure, obtaining funding & securing resources. Presented by David Mace, Small Business Development Center

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## COLLEGE/CAREER CLASSES

**Create A Winning Resume** – Bring your work history for this class. Learn the basic elements of creating a resume to help you land your next job. Focus will be on a chronological type of resume, the most frequently used type of resume. Apply what you learn by using the last part of the class to develop your resume. Presented by Danya Burks, Butler Adult Ed

**Planning for College & 10 Tips for College Success** - Learn about the different types of colleges, costs, majors, activities, athletics, scholarships, financial aid & how to search for a college that's right for you! Also learn 10 tips that will help you to be successful in college. Presented by Butler Admission & Advising Staff

**So You Want a Career in Hospitality Management?** – Do you love planning & putting on events? Think you would like planning & preparing food for parties? Maybe you should consider a career in hospitality. Learn more about career opportunities in Hospitality Management. Presented by Tiffani Price, Butler Community College

## COMMUNITY CLASSES

**Basic Self-Defense** – Learn basic self-defense tactics to help you respond & fend off an attacker. Presented by Roger Dutchak

**Beginning Yoga** – New to yoga or thinking about taking up yoga? Become acquainted with the practice of yoga by learning the sequences of yoga poses. Presented by Jan Taylor, Butler Community College

**Cable Knitting Techniques** - Knitters who have never tried cables, as well as those who would like to learn new techniques, will get plenty of inspiration from this class. Students are invited to bring their own yarn, needles & cable needle for some hands-on time after the presentation of online how-to-videos, photos & pattern resources, & a display of cabled items. (This is NOT a how-to-knit class for beginners) Presented by Sharon Barnes, The Prairie Spinner

**Computer Basics for the Terrified Beginner Part 2\*** – Continue increasing your comfort & confidence by learning even more about computers. Presented by Dianne Graves, Butler Alumn

**Crafty Greeting Cards & Scrapbooking** - Learn to make an Easter card using the easel template, a spring flower get well card using the negative space technique, then learn how easy it is to transfer card making into a scrapbook page. Presented by Cheryl Brown, Butler Community College

**Reap What You've Sown** - You've grown a bountiful garden - now what are you going to do with all that produce? Learn how to preserve your produce by drying, dehydrating, canning & freezing so you can enjoy it year around. Learn which method works best for which food & how to gather your supplies & be ready to harvest. Presented by Teresa Cansell, Master Gardener

**Service in a Box: Making Bereavement Boxes for NICU Unit Part 2\*** - This is a continuation from the prior session. Presented by Butler Grizzly Ambassadors

**Signup for Sign Language**- This class will provide a brief introduction into the basics of sign language, including the alphabet, signs for common people (mother, father, etc.), & common sayings. Presented by Lacy Cleveland, Butler Community College

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## ***KIDS CLASSES***

**Crafts, Crafts, Crafts: K- 5<sup>th</sup> Grade** - If you love creating craft projects you'll love this class. Using beads, buttons & other items to create projects to take home! Presented by Wanda Rogers, Butler Community College

**Creative Cupcakes: K- 5<sup>th</sup> Grade** - Learn ways to create animals & other fun things out of cupcakes & other food items. Presented by Pat Cummings, Butler Adult Ed

**1:00 PM - 2:00 PM**

## ***BUSINESS CLASSES***

**Grant Writing for Beginners** - This class will cover basic grant writing elements such as grant terminology, 10 things your board needs to know about grants, including what your organization needs to get ready to write a grant, the difference between government, foundations & corporate giving, & an overview of how to find grants & read the instructions. Presented by Kansas Professional Grant Association

## ***COLLEGE/CAREER CLASSES***

**A Career in Healthcare: Where Do I Start?** - This class will take a look at the many options available in beginning or advancing a career in healthcare, whether you are re-entering the workforce, switching to a career in healthcare, or just want to advance in the field. We'll explore various healthcare fields & what they entail, the roles that various positions play in the environment, options for financing your education & most importantly, how to get started on your goals immediately! Presented by Tiffany Yearout, Butler Community College

**Getting Familiar with Your Graphing Calculator** – So you purchased that expensive graphing calculator but you aren't quite sure what all those buttons do? Learn basic uses of the graphing calculator for home/school use, focus will be on using addition, subtraction, multiplication, division, roots, powers, graphing simple linear equations & it time allows basic applications available. Bring your TI-83 or 84 Plus calculator for practice time. Presented by Richard Jones, Butler Community College

## ***GENERAL CLASSES***

**Basic Self-Defense** – Learn basic self-defense tactics to help you respond & fend off an attacker. Presented by Roger Dutchak

**Beginning Crochet Part 1 \*** - This class will teach you how to chain & do single crochet. Make a pot holder to take with you! Presented by Susie Edwards, Butler Community College

**Beginning Photoshop Tips & Tricks** - Learn tips & tricks for designing in Photoshop from an award winning graphic designer. Presented by Dewey Price, Butler Marketing

**Cooking With Herbs** - Growing your own herbs either indoors or outdoors is easy & inexpensive even right here in Kansas. Learn how to best use fresh-grown herbs, both raw & for cooking soups, salads, meats, potatoes, as well as with fruits, ice cream & in baking. Tasting is encouraged. Presented by Teresa Cansell, Master Gardener

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**Drawing Animation** - Learn about drawing animation & discover the history of anime, Japanese animation. Presented by Lauren Bush, Butler Community College

**Female/Male Dynamics: Sparking Attraction in Women Part 1\*** – Learn about the mental processes involved in sparking attraction in woman & the behaviors that showcase certain mental processes including the Psychodynamic Perspective, the Behavioral Perspective, & the Cognitive Perspective. Presented by Brent Dellinger, Butler Community College

**Identity Theft: What You Need to Know to Protect Yourself** – Are you worried about your identity being stolen? Learn about crimes & methods of identity theft & things to do if you become a victim. Presented by Sergeant Phil Wickwire, Butler County Sheriff's Department

**Learning to Download Free Audio Books Part 1\*** - This class will teach you how to download free iPod compatible Audio books, MP3 Audio books or music during this hands-on demonstration. Bring along your MP3 player or iPod & download a book or music from the Kansas State Library. Presented by Ronda Holt, Butler Community College

**Scrapbooking Fun** - Learn the basic layout for a scrapbook page & see different examples on display. This is a make & take to help you jump start your creativity. Presented by Marcia McCoy

**The Dead Sea Scrolls Part 1\*** - A multimedia presentation covering the discovery history, conservation identification & publication of the Dead Sea Scrolls. Session covers questions about the scrolls including, "Who wrote them?" "What do they contain?" & "Do they mention Jesus?" Come get answers to these questions & more. Presented by Mike Blaine, Butler Community College

**What is CPR & First Aid?** - Learn the basics of CPR & First Aid with a demonstration & class participation. No certification with this class will be offered. Presented by Butler Co. EMS Staff

### **KIDS CLASSES**

**Beads, Beads, Beads: K-5<sup>th</sup> Grade** - Create necklaces & bracelets from beads! Presented by Kelsey Seymore, Butler Community College

**Lego Fun: K-5<sup>th</sup> Grade** - Do you like to play with Legos? Come check out our selection of legos & use your creativity to build anything you can imagine. Presented by Sue Choens, Butler Adult Ed

### **2:15 PM - 3:15 PM**

### **GENERAL CLASSES**

**Beginning Crochet Part 2\*** - Finish that pot holder you started from Part 1! Presented by Susie Edwards, Butler Community College

**Choosing the Right Pet** - A general course on selecting the right pet for you & your family as well as the pros & cons of adopting a pet vs. buying from a breeder. The session will also cover general care of pets from dogs & cats to ferrets & more. Presented by Garth Ashpaugh, Butler Community College

**Female/Male Dynamics: Sparking Attraction in Women Part 2\*** - Continued look at behaviors. Presented by Brent Dellinger, Butler Community College

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**Her Story 101: Women in History** - Learn about women who have made an impact on the world as we know it. Presenter Dallas Lawrence, Butler Community College

**Interior Decorating: Dressing Your Home from Top to Bottom** – Susan Gardner, Bethlehem House

**Learning to Download Free Audio Books Part 2\*** - This class will teach you how to download free iPod compatible Audio books, MP3 Audio books or music during this hands-on demonstration. Bring along your MP3 player or iPod & download a book or music from the Kansas State Library. Presented by Ronda Holt, Butler Community College

**Managing Your Money** - Is it time to make your money work for you instead of just working for your money? Do you want to figure out a better way to start saving for an education, a house or emergencies? Come & join us as we look for financial freedom through money management techniques, retirement planning options & investing basics. Presented by Jayme Grange, Spencer-Wernli

**“Meth or Life: - What’s it Cost?”** - Discover the signs & symptoms for identifying meth use & ways to deal with someone under the influence of methamphetamine. Sergeant Phil Wickwire, Butler County Sheriff's Department

**Scrapbooking Fun** - Learn the basic layout for a scrapbook page & see different examples on display. This is a make & take to help you jump start your creativity! Presented by Marcia McCoy

**The Dead Sea Scrolls Part 2\*** - Continue the journey to unlocking the secrets of the Dead Sea. Presented by Mike Blaine, Butler Community College

**Using Natural Dyes to Create Eggciting Easter Eggs** – Forget those store-bought Easter egg dyes. You can make beautiful, all-natural dyes from fruits & vegetables to use on your Easter eggs & other crafts. Find out what works for making dyes & what doesn't. A great class for crafters & adventurers. Presented by Teresa Cansell, Master Gardener

## **KIDS CLASSES**

**Cool Kids Cards: K- 5<sup>th</sup> Grade** - Come make an Easter card & have fun adding stickers & brads! Presented by Stephanie McKinney, Stamp It Up

**Games, Games, Games: K – 5<sup>th</sup> Grade** - Have fun moving & playing games with others. Presented by Pat Cummings, Butler Adult Ed